

## Health and Safety Courses

Abrasive Wheel Safety  
Accident Reporting  
Anaphylaxis & Allergies for Schools & Carers  
Asbestos Awareness (+International)  
Asthma Awareness for Schools & Carers  
**Banksman Essentials**  
CDM Regulations  
Confined Spaces  
**COSHH**  
CPR/AED Refresher  
Diabetes Awareness for Schools & Carers  
Display Screen Equipment (DSE)  
Driver Awareness  
DSEAR  
Dust Awareness Training  
Electrical Safety  
Epilepsy Awareness for Schools & Carers  
Eye Protection  
**Fire Awareness\***  
Fire Extinguisher Use  
**Fire Marshal & Warden\***  
First Aid Appointed Person  
First Aid Refresher  
First Aid Refresher: Emergency First Aid  
First Aid Requirements & RIDDOR  
Food Allergy Awareness  
Food Safety & Hygiene - Level 1, 2 & 3  
General Workshop Safety  
HACCP - Level 2  
Hand Arm Vibration Awareness  
Handling Aggressive Behaviour  
**Health & Safety Essentials**  
Health & Safety for Homeworkers

Infection Prevention & Control  
Ladder Safety  
Legionella Awareness  
**LOLER**  
Lone Worker Safety  
Managing Contractors  
**Manual Handling**  
Manual Handling including Tyres  
Medication Awareness in Care & Education  
Moving & Handling People  
Noise Awareness  
Paediatric First Aid Refresher  
Personal Protective Equipment  
**PUWER**  
Respiratory Protective Equipment (RPE)  
Risk Assessments  
School Trips for Organisers & Support  
Sharps  
Slips, Trips & Falls  
Spill Kits (Bodily Fluids & Chemicals & Oils)  
Working at Height (+International)  
Working in Licensed Premises (Bar Staff)

## Management Courses

Bullying & Harassment for Management  
GDPR EU Advanced (Management) Training  
**GDPR UK Advanced (Management) Training**  
Health & Safety for Managers & Supervisors  
Mental Health Awareness for Managers  
School Trips for Management  
Unconscious Bias for Management

## HR Compliance

Assessing Mental Capacity

Autism Awareness

Building Resilience

Bullying & Harassment

**Conflict Resolution**

Customer Service Skills

Dementia Awareness

Dementia Awareness for Carers

Disability Awareness & Inclusion

Domestic Abuse Awareness

**Drug & Alcohol Awareness**

Effective Remote Working

**Equality, Diversity & Inclusion**

FGM Awareness & Prevention

Gender Identity & Expression

HR Compliance & Wellbeing Essentials

Managing Anxiety

Menopause Awareness / Women's Health

Mental Health Awareness\*

Neurodiversity Awareness

New & Expectant Mothers at Work

Prevent Duty

Returning to Work

Returning to Work after COVID-19

Safer Recruitment in Education

Sexual Harassment Awareness

Stress Awareness & Management

Time Management

Unconscious Bias

## Care Certificate Courses

Understanding Your Role in Care

Your personal Development in Care

Duty of Care

Equality and Diversity in Care

Person Centred Care

Communication in Care

Privacy & Dignity in Care

Fluids & Nutrition in Care

Mental Health, Dementia, & Learning Disabilities

Safeguarding Vulnerable Adults

Safeguarding Children

Basic Life Support in Care

Health & Safety in Care

Handling Information in Care

Infection Prevention & Control in Care

## Business Compliance Courses

Anti-Bribery

Anti-Money Laundering

Anti-Tax Evasion (Criminal Finances Act)

Bomb Threats

Business Compliance Essentials

Competition Law

Consumer Rights

Cyber Security Awareness

Energy Efficiency Awareness

Environmental Awareness

Fraud Awareness & Prevention

Freedom of Information

GDPR EU Essentials Training

GDPR EU Refresher Training

**GDPR UK Essentials Training**

GDPR UK in Education Training

Modern Slavery

Social Media Awareness

Whistleblowing

*\* Additional courses available specifically for Care, Education & Construction Sectors*

## **Soft Skills**

Active Listening  
Anger Management  
Coaching and Mentoring Training  
Communication Skills  
Confidence Building  
Creative Thinking  
Critical Thinking  
Decision Making  
Delivering Bad News  
Effective Meetings  
Emotional Intelligence  
Leadership Skills

Mindfulness  
Organisational Skills  
Presentation Skills  
Problem Solving  
Project Management Essentials  
Responding to Change  
Recognising Your Value  
Setting Goals  
Speaking Confidently  
Teamwork Skills  
Writing Effective Emails

## **Text-based Courses**

Calorie Labelling Regulations 2021 (Government Guidance) (Free)  
Computer Skills bundle (Word, Excel, PPT, Outlook, Search Engines and Windows 11)  
Conducting Appraisals  
Disciplinary and Grievance  
Effective Recruitment  
Keeping Children Safe in Education (KCSIE)  
LOTO (Lock Out Tag Out)  
Managing a Remote Team  
Managing Change: For Managers  
PCI DSS (Payment Card Industry Data Security Standard)  
Recognising the Value of your Team  
Right to Work Checks  
The Fire Safety (England) Regulations 2022